Who made my healthy snack?

Who grew my healthy snack?

Who grew my healthy snack?

Who made my healthy snack?

FOLD

FOLD

FARMER

FARMER

FARMER

FARMER

FOLD

FOLD

Who made my healthy snack?

Who grew my healthy snack?

Who grew my healthy snack?

Who made my healthy snack?

FOODS

Protein

Grains

FARMS

Healthy Foods from Healthy Farms

How to make your folding plate:

1. Cut along the outside dotted line. Put your paper FARMER side up.

2. Fold on each dashed line, bringing the outside edges to meet in the middle.

3. Open the paper. Cut along the 2 dotted lines toward the centre until you reach the plate.

4. Fold the edges in, and you are ready to make a healthy snack!

Agriculture in the Classroom
SASKATCHEWAN

HEALTHY

Fruits

Vegetables

HEALTHY